

# Be the best leader you can be



## Resources for Managers and Supervisors

The Health Advocate EAP+Work/Life Program features a variety of resources geared specifically for managers and supervisors. Our in-house experts can consult with you on personnel and employment practice issues, help you develop stronger leadership and problem-solving skills, and quickly respond to your organization's needs should a traumatic situation occur at the workplace. **In a crisis, help is available 24/7.**

### Management Assistance Program

Managers and supervisors have unlimited telephonic access to our specialists for guidance on a variety of issues::

- Employee performance issues
- Workplace bullying and harassment
- Employee referrals and compliance
- Time management

### Critical Incident Management Services

These customized services help your organization react to and respond quickly to events that may impact employee productivity and well-being.

- On-the-job accidents
- Workplace violence
- Unexpected employee deaths
- Natural disasters
- Large staff reductions

### Other Key Resources

Our online library features articles, webinars, courses and other resources to help managers become more effective leaders. Examples include performance management, managing stress, employee engagement, team building, understanding the EAP referral process and other key subjects.

We also offer a full menu of onsite trainings and workshops for management and employees. Please contact the Training Department or send an email to [Workshops@HealthAdvocate.com](mailto:Workshops@HealthAdvocate.com) for more information.



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